

1 Who Should Attend . . .

This program is a must for anyone concerned about health and safety on the job including:

- ▶ Managers concerned about liability and workers' compensation costs
- ▶ Employees who want to learn proper techniques for protecting their safety and health at work
- ▶ Business owners who want to learn about compliance with MIOSHA

2 Why You Need This Workshop . .

- ▶ To reduce disabling injuries and illnesses to employees - and to ensure that every worker goes home safe and healthy every day.
- ▶ To reduce the high direct costs of work-related injuries, which grew to \$42.5 billion nationally in 2000, and indirect costs, which were estimated at an additional \$127 - \$212 billion in 2002. (*2003 Liberty Mutual Safety Index.*)
- ▶ To enhance your company's bottom line. A strong safety and health commitment not only protects workers, it also reduces worker's compensation costs, improves employee morale, and increases production and quality.

3 What You'll Learn . . .

Construction trades routinely renovate and demolish buildings that were built prior to 1981. These construction activities often result in contact with asbestos-containing materials. Asbestos Awareness Training is required annually for employees whose work activities may contact asbestos-containing materials (ACM) or presumed asbestos-containing materials (PACM), but do not disturb ACM or PACM during their work activities. This training consists of information regarding asbestos and its various uses and forms. Training also includes information on the health effects associated with asbestos exposure.

Agenda

We offer a flexible program agenda to emphasize the health and safety topics you want most.

- ▶ What Is Asbestos?
- ▶ Where Is Asbestos Found?
- ▶ Health Hazards Associated With Asbestos.
- ▶ How To Protect Against Asbestos Exposure.
- ▶ State and Federal Regulations.

All meetings are accessible and barrier free. Please contact the cosponsor or CET Division, at least two weeks in advance, to request necessary accommodations.

Facilitator

Cindy L. Zastrow was appointed to the MIOSHA Consultation Education and Training Division in 2004 as an Industrial Hygienist, bringing with her over 11 years of experience in Safety, Health, and Emergency Services. Based near Saginaw, Cindy provides industrial hygiene services for the Northern part of Michigan as well as the Upper Peninsula.

Cindy has her B.S. and B.F.A. degrees from Central Michigan University, and her M.S. degree in Forensic Toxicology from the University of Florida. She is also a certified Firefighter I and II, licensed EMT, HAZMAT Technician, NFPA Fire Inspector I, CPR/ First Aid/AED Instructor, and Medicolegal Death Investigator. Cindy is a member of the Federal DMORT-WMD team, as well as serving on the Richland Twp. Fire Department.



Cindy Zastrow
*Industrial Hygienist,
MIOSHA, CET Division*

Program Details

DATE:	October 18, 2006	TIME:	Check-in - 8:00 a.m. Program - 8:30 a.m. to 11:00 a.m.
LOCATION:	Quality Inn - Fowards Conference Center 2980 Cook Road West Branch, Michigan	DEADLINE:	Register by October 10, 2006. Please register early!
COST:	\$30 per person. Includes course materials.	CONTACT:	Mark McCully at 989.705.3631 or mccullym@kirtland.edu

COSPONSOR: M-TECSM @ Kirtland - Gaylord

If this valuable seminar doesn't fit with your schedule or position, please pass this flyer on to a colleague.

How to Register

Asbestos Awareness Training

Complete information at right to register by . . .

- ▶ **Phone:** 989.705.3601
- ▶ **Fax:** 989.705.3602
- ▶ **Email:** mccullym@kirtland.edu
- ▶ **Mail:** M-TEC @ Kirtland-Gaylord
60 Livingston Blvd.
Gaylord, Michigan 49735
Attn: Mark McCully

Please enclose check or money order made payable to MTEC.

Name: _____
Company Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____
Fax: _____
Email: _____
Number Attending: _____ @ \$30 each = \$ _____
Discover MC Visa #: _____
Signature: _____ Exp. Date: _____

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